

Holistic Health is from God. His Perfect Love heals us spirit, soul, and body.

Even more than desiring pure water and air, we desire pure love. Jesus was the only *perfect sacrifice* for our sins and with *perfect love*,

He died for us to make us whole. (Hebrews 10:12)

His *perfect love* not only casts out fear (1 John 4:18) but also *cleanses* us from all of the pollution and damage that our separation from God has caused, (1 Cor. 6:11) and gives us eternal life (John 3:16).

Spiritually: Reborn by God's Pure Love	Mentally: Enlightened by God's Pure Love	Motivated by God's Pure Love	Emotionally: Restored by God's Pure Love	Physically: Revived by God's Pure Love
<p>New Life: A new spiritual identity as God's child "born of the Spirit" (1 John 3:6).</p>	<p>New Mind: Seeing the Unseen- A new way of knowing "He will lead you into all Truth" (1 John 16:13).</p>	<p>New Motivation: Driven by Divine Motives and a Clean Heart "We love because he first loved us" (1 John 4:19).</p>	<p>New Emotion: Fear is replaced by Supernatural Peace "He restores my soul" (Psalm 23:3).</p>	<p>New Strength: Spiritual Power and Healing "The Lord is my Strength and my Shield" (Psalm 28:7).</p>
<p>In Christ, the greatest wealth transfer known to man has already happened! A Life Cleanse "Christ was without sin, pure, harmless, undefiled" (1 Peter 1:19). "the Blood of Jesus, His Son, cleanses us from all sin" (1 John 1:7). "transferred us into the Kingdom of his dear Son, who purchased our freedom and forgave our sins" (Col. 1:13-14). A New True Identity "Everyone who believes that Jesus is the Christ has become a child of God" (1 John 5:1). New Spiritual Life "If anyone is in Christ, he is a new creation" (2 Cor. 5:17). "The free gift of God is eternal life in our Lord Jesus Christ" (Romans 6:23). New Spiritual Power "when the Holy Spirit comes upon you, you will be filled with power" (Acts 1:8). New Spiritual Resources "He has blessed us in Christ with every spiritual blessing that comes from heaven" (Eph. 1:3). A New Level of Gratitude "Enter His gates with thanksgiving" (Psalms 100:4).</p>	<p>In Christ, we think like God and miracles can happen! Informed by Spiritual Intel "we have the mind of Christ" (1 Corinthians. 2:16). "But when He, the Spirit of truth, comes, He will guide you into all truth" (1 John 16:13). "I will put my laws into their minds" (Hebrews 8:10). "Be transformed by the renewing of your mind" (Romans 12:2). The Truth is Someone Who Loves You Jesus said, "I am the Way, the Truth and the Life" (1 John 14:6). "the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of grace and truth" (1 John 1:14). Truth drives feelings, motivation, and behavior "as a man thinks, so he is" (Proverbs 23:7). "to set the mind on the Spirit is life and peace" (Romans 8:6).. "Be still, and know that I am God!" (Psalm 46:10) God's Word is alive "The word of God is alive and active... it judges the thoughts and attitudes of the heart."(Hebrews 4:12) "You will know the Truth and the Truth will set you free" (1 John 8:32).</p>	<p>In Christ, life is inspired by Pure Love with no regret. First, be Loved "We love, because Christ first loved us" (1 John 4:19). Driven by Love, not things "Let Love be your highest goal!" (1 Corinthians 14:1). "For Christ's Love compels us...And He died for all, that those who live should no longer live for themselves but for Him who died for them. " (2 Corinthians 5:14) Know your unique purpose "For it is God Who works in you to will and to act in order to fulfill His good purposes" (Philippians 2:13). "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future" (Jeremiah 29:11). Find your true gifts and God given desires "He gives a different gift to each person" (1 Corinthians 12:11). "He will give you the desires of your heart" (Psalms 37:4). Find purpose in relationship with God and others "Together, you are the body of Christ" (1 Corinthians 12:27). "forgiving each other as God has forgiven you" (Ephesians 4:32).</p>	<p>In Christ, Pure Love is my Emotional Home. God's Spirit brings His emotions "the fruit of the Spirit is love, joy, peace, patience, kindness" (Galatians 5:22). "God lives in us and His Love is made complete in us." 1 John 4:12 Humbly Secure as a child "Our Father in heaven" (Matthew 6:9). "the Comforter, the Holy Spirit, whom the Father will send in my name, he will teach you all things, and remind you of all things that I said to you" (1 John 14:26). Emotionally fortified He Himself has said, "I will never leave you or abandon you" (Hebrews 13:5). "being rooted and grounded in Love" (Ephesians 3:17). "God is Love and he who abides in love abides in God and God in him" (1 John 4:16). Emotionally Protected "Perfect Love casts out all fear" (1 John 4:18). "His peace will guard your hearts and minds as you live in Christ Jesus" (Philippians 4:7). "The God of Peace (Shalom*) will soon crush Satan under your feet. May the grace our Lord Jesus be with you" (Romans 16:20).</p>	<p>In Christ, my physical life is sacred. My Body is a Place God Lives "Christ lives in me" (Galatians 2:20). "Don't you know that your body is the temple of the Holy Spirit, who lives in you and who was given to you by God" (1 Corinthians 6:19). Everyday life is worship "offer your bodies as a living sacrifice, holy and pleasing to God-- this is your true and proper worship" (Romans 12:1). "in everything give thanks for this is the will of God" (1 Thess. 5:18). "walk humbly with your God" (Micah 6:8). God works in us so that we can fulfill our true purpose "we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance as our way of life" (Ephesians 2:10). Resurrection Life is Ours "Christ's Resurrection is your Resurrection too" (Col. 3:1). "just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you" (Romans 8:11). "He heals all our diseases" (Psalms 103:3). <i>*Shalom means total wellbeing and health, or "the authority that destroys chaos".</i></p>

"May God Himself, the God who makes everything holy and whole, make you holy and whole, put you together-- spirit, soul, and body" (1 Thess. 5:23).